

2nd Chislehurst CHASE

Organised by the Trustees of Chislehurst Commons

10k Race, 10.00 am start

2k Family Fun Run, 12 noon start

Sunday 19th September 2010

Toilets, refreshments and supervised baggage storage.

For 10k entry complete and return this form in BLOCK CAPITALS, or download a form from www.chislehurstcommons.org.uk Closing date for advance bookings: Saturday 11 September

Your entry will be acknowledged, with your race number, details of location, parking, etc.

10k Race

99% off-road, multi-terrain, undulating

2 laps of one section

Water stations

Trophies to 1st, 2nd, 3rd men and women

T-shirt to all runners plus spot prizes

Entry limit 300

Entries in advance £10.00.

Entries on the day (numbers permitting) £12.00

Race clock for self-timing

First 50 results published

No dogs please

2k Family Fun Run

Entries only on the day £2.00

Entirely off-road and flat

**Trophies to 1st, 2nd, 3rd boys and girls
in under-11, 11-13, 14-16 age groups**

T-shirt and medal to all child finishers

Entry limit (adults and children) 200

Race clock for self-timing

No dogs please



Surname Forename

Address

..... Post code

Phone Male/Female

Age on day of race Club membership

Fee: £10.00 if paid in advance.

T-shirt size (XXL, XL, L, M, S)

I declare that I am fit to run in the event and agree that the organisers will in no way be held responsible for any injury, illness or accident to my person, or loss of property as a result of my participation in this event.

Signed Date

Send a cheque payable to "Trustees of Chislehurst Commons" to
Chislehurst Chase, Old Fire Station, Hawkwood Lane, Chislehurst BR7 5PW

OFFICE USE
Race number